

## **APRIL 2026 NACR QUARTERLY REPORT ON MODE OF DELIVERY (RUN USING APRIL 2026 DATA DOWNLOAD)**

(Oct-Dec 2025 data; patient records were included if they had started Core<sup>1</sup> Rehab within the time period and there was sufficient data - more than 10 starting core rehab - within the named programme)

As part of the audit's ongoing commitment to monitoring service quality and improvement, NACR is looking to rerun some of the previous Quarterly Reports to show service change over time. This report will focus on whether at programme level the mode of delivery is being recorded, and which modes are being provided. The delivery of a menu-based approach, driven by patient choice, is a clear direction from the BACPR in the 2023 Standards and Core Components and an important metric for the audit to report.

Of the 182 programmes with starters in the time period, seven had <10 starters and a further seven had no mode recorded despite having sufficient starters. 168 programmes are therefore included in the report, which shows that on average 13% of the patients from programmes with sufficient data did not have mode recorded. This is 5% lower than the previous report version (rerun using data from Jan 2024) which showed 18% without mode.

Looking at diversity of mode of delivery, in terms of single or multi-mode, there were 24 and 144 programmes utilising each respectively. The 24 programmes using single mode were predominantly made up of Group-based (n=19) and the rest were Home-based/self-managed (n=5).

NACR data has shown, in the Annual Quality and Outcomes reports, that since 2020, when many services adopted a Home-based CR mode to adapt to the COVID-19 pandemic, there had been a shift from Group-based dominance (>80%) to an alignment of delivery with ~30% in each of Group-based, Home-based and Hybrid. However, this data for the Oct-Dec 2025 period is suggesting that Group-based CR is once again being delivered to the highest proportion, with 40% of all patients in Group-based, 34% in Home-based and 26% in Hybrid. The previous quarterly report showed 23% receiving Hybrid so levels are increasing, however the previous 40% Home-based has reduced to 34%.

An addition to this quarterly report in comparison to the last is the column indicating the percentage of patients receiving CR with a digital component. This is defined as the modes of Web Other, App Other or Web-based Activate Your Heart being selected. Overall, 7% of patients are receiving this digital aspect as part of their care, however, 97 of the 168 programmes had no digital aspect recorded. In alignment with the NICE Early Value Assessment (EVA) of digital platforms to support CR, the audit team are looking to gather further data to facilitate more detailed reporting into the digital aspects of CR being delivered by CR teams.

(<sup>1</sup> Throughout this report 'Core' refers to Core or Phase 3 records)

Trust Name	Network/Region	ICB/Board	Of those with Mode Recorded, what are the Proportions in each Group				Did the programme have a diverse menu-based approach? (Single or Multi mode)	Any Digital Mode of Delivery (Included Within Home-based/Self Delivered or Hybrid) %	Patients Starting Core CR Without Mode Recorded %
			Group-based Only %	Self Delivered/ Home-based Only %	Hybrid <sup>2</sup> %	Reduced Staff Support/Patient Led <sup>3</sup> %			
Countess of Chester Hospital NHS Foundation Trust (Countess of Chester Hospital)	Cheshire & Merseyside	NHS Cheshire and Merseyside	0%	35%	61%	4%	Multi-mode	9%	39%
East Cheshire NHS Trust (Macclesfield District General Hospital)	Cheshire & Merseyside	NHS Cheshire and Merseyside	58%	39%	3%	0%	Multi-mode	0%	0%
Liverpool Heart and Chest Hospital NHS Foundation Trust (Knowsley Community CVD Service)	Cheshire & Merseyside	NHS Cheshire and Merseyside	28%	6%	66%	0%	Multi-mode	0%	28%
Liverpool University Hospitals NHS Foundation Trust (Broadgreen Hospital and Royal Liverpool University Hospital)	Cheshire & Merseyside	NHS Cheshire and Merseyside	3%	23%	74%	0%	Multi-mode	0%	20%
Liverpool University Hospitals NHS Foundation Trust (University Hospital Aintree)	Cheshire & Merseyside	NHS Cheshire and Merseyside	69%	27%	4%	0%	Multi-mode	0%	28%
Mersey and West Lancashire Teaching Hospitals NHS Trust (Ormskirk District General Hospital & Southport and Formby District General Hospital)	Cheshire & Merseyside	NHS Cheshire and Merseyside	0%	6%	94%	0%	Multi-mode	6%	2%
Mersey and West Lancashire Teaching Hospitals NHS Trust (St Helens Community)	Cheshire & Merseyside	NHS Cheshire and Merseyside	0%	57%	43%	0%	Multi-mode	1%	18%

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Mid Cheshire Hospitals NHS Foundation Trust (Leighton Hospital)	Cheshire & Merseyside	NHS Cheshire and Merseyside	Insufficient Number of Starters for Valid Data Reporting						
Warrington and Halton Teaching Hospitals NHS Foundation Trust (Halton Hospital and Warrington)	Cheshire & Merseyside	NHS Cheshire and Merseyside	0%	58%	41%	2%	Multi-mode	0%	2%
Wirral Community Health and Care NHS Foundation Trust (Wirral Community Cardiology Service)	Cheshire & Merseyside	NHS Cheshire and Merseyside	20%	24%	54%	2%	Multi-mode	5%	13%
Chesterfield Royal Hospital NHS Foundation Trust (Chesterfield Royal Hospital)	East Midlands	NHS Derby and Derbyshire	10%	86%	3%	0%	Multi-mode	0%	3%
Derbyshire Community Health Services NHS Foundation Trust (North Derbyshire - Phase III Community CR (Chesterfield & Bolsover))	East Midlands	NHS Derby and Derbyshire	35%	24%	41%	0%	Multi-mode	0%	37%
Doncaster and Bassetlaw Hospitals NHS Foundation Trust (Bassetlaw Hospital)	East Midlands	NHS Nottingham and Nottinghamshire	78%	22%	0%	0%	Multi-mode	0%	28%
Kettering General Hospital NHS Trust (Kettering General Hospital)	East Midlands	NHS Northamptonshire	35%	65%	0%	0%	Multi-mode	0%	22%
Lincolnshire Community Health Services NHS Trust	East Midlands	NHS Lincolnshire	48%	10%	0%	42%	Multi-mode	1%	44%

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Northampton General Hospital NHS Trust (Northampton General Hospital (Acute))	East Midlands	NHS Northamptonshire	65%	20%	15%	0%	Multi-mode	0%	0%
Nottingham Citycare Partnership CIC (Nottingham City Community Cardiac Rehab)	East Midlands	NHS Nottingham and Nottinghamshire	0%	100%	0%	0%	Single Mode	0%	4%
Nottingham University Hospitals NHS Trust	East Midlands	NHS Nottingham and Nottinghamshire	100%	0%	0%	0%	Single Mode	0%	8%
Sherwood Forest Hospitals NHS Foundation Trust (King's Mill Hospital)	East Midlands	NHS Nottingham and Nottinghamshire	13%	45%	42%	0%	Multi-mode	1%	12%
Sherwood Forest Hospitals NHS Foundation Trust (Newark Hospital)	East Midlands	NHS Nottingham and Nottinghamshire	70%	13%	13%	4%	Multi-mode	0%	15%
University Hospitals of Derby and Burton NHS Foundation Trust (Royal Derby Hospital and Ilkeston Community Hospital)	East Midlands	NHS Derby and Derbyshire	Sufficient Number of Starters but no Mode Data						
University Hospitals of Leicester NHS Trust (Glenfield Hospital, Leicester General Hospital and Leicester Royal Infirmary)	East Midlands	NHS Leicester, Leicestershire and Rutland	97%	3%	0%	0%	Multi-mode	3%	82%

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Bedfordshire Hospitals NHS Foundation Trust (Bedford Heart Beat - Bedford Hospital)	East of England	NHS Bedfordshire, Luton and Milton Keynes	0%	5%	95%	0%	Multi-mode	98%	4%
Bedfordshire Hospitals NHS Foundation Trust (Luton and Dunstable Hospital)	East of England	NHS Bedfordshire, Luton and Milton Keynes	0%	95%	5%	0%	Multi-mode	19%	5%
Cambridge University Hospital NHS Foundation Trust (Addenbrooke's Hospital)	East of England	NHS Cambridgeshire and Peterborough	52%	33%	15%	0%	Multi-mode	7%	0%
Cambridgeshire & Peterborough NHS Foundation Trust (Doddington Community Hospital)	East of England	NHS Cambridgeshire and Peterborough	31%	58%	12%	0%	Multi-mode	23%	52%
East and North Hertfordshire NHS Trust (Queen Elizabeth II Hospital and Lister Hospital)	East of England	NHS Hertfordshire and West Essex	95%	5%	0%	0%	Multi-mode	0%	16%
East Coast Community Healthcare CIC (Great Yarmouth and Waveney)	East of England	NHS Norfolk and Waveney	1%	51%	34%	14%	Multi-mode	23%	0%
East of England Community Health and Care NHS Trust (Dereham Hospital and Queen Elizabeth Hospital)	East of England	NHS Norfolk and Waveney	34%	6%	59%	0%	Multi-mode	33%	2%
East Suffolk and North Essex NHS Foundation Trust (Colchester General Hospital)	East of England	NHS Suffolk and North East Essex	100%	0%	0%	0%	Single Mode	0%	15%

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East Suffolk and North Essex NHS Foundation Trust (East Suffolk Cardiac Rehab)	East of England	NHS Suffolk and North East Essex	Insufficient Number of Starters for Valid Data Reporting						
East Suffolk and North Essex NHS Foundation Trust (North East Essex Community Cardiac Rehab)	East of England	NHS Suffolk and North East Essex	67%	22%	0%	11%	Multi-mode	0%	3%
Essex Partnership University NHS Foundation Trust (EPUT)	East of England	NHS Hertfordshire and West Essex	91%	9%	0%	0%	Multi-mode	0%	77%
Mid and South Essex NHS Foundation Trust (Broomfield Hospital)	East of England	NHS Mid and South Essex	59%	39%	3%	0%	Multi-mode	3%	10%
Mid and South Essex NHS Foundation Trust (Southend Hospital)	East of England	NHS Mid and South Essex	0%	60%	40%	0%	Multi-mode	0%	2%
Mid and South Essex NHS Foundation Trust (The Essex Cardiothoracic Centre)	East of England	NHS Mid and South Essex	38%	50%	3%	9%	Multi-mode	2%	3%
Milton Keynes University Hospital NHS Foundation Trust (Milton Keynes University Hospital)	East of England	NHS Bedfordshire, Luton and Milton Keynes	0%	92%	8%	0%	Multi-mode	0%	37%
Norfolk and Norwich University Hospital NHS Trust (Norfolk and Norwich University Hospital)	East of England	NHS Norfolk and Waveney	0%	90%	10%	0%	Multi-mode	2%	0%

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North West Anglia NHS Foundation Trust (Peterborough City Hospital and CPFT Community Cardiac Rehabilitation)	East of England	NHS Cambridgeshire and Peterborough	29%	40%	21%	10%	Multi-mode	0%	5%
Royal Papworth Hospital NHS Foundation Trust (Royal Papworth Hospital)	East of England	NHS Cambridgeshire and Peterborough	4%	37%	57%	2%	Multi-mode	6%	15%
West Herts Central London Community Healthcare NHS Trust (St Albans, Watford, Hemel Hempstead)	East of England	NHS Hertfordshire and West Essex	76%	11%	11%	2%	Multi-mode	2%	7%
West Suffolk NHS Foundation Trust (West Suffolk Community Cardiac Prevention & Rehabilitation Service)	East of England	NHS Suffolk and North East Essex	0%	11%	89%	0%	Multi-mode	100%	3%
West Suffolk NHS Foundation Trust (West Suffolk Hospital)	East of England	NHS Suffolk and North East Essex	100%	0%	0%	0%	Single Mode	0%	55%
BOC Healthcare (Heywood, Middleton & Rochdale Cardiac Rehabilitation Service)	Greater Manchester	NHS Greater Manchester	91%	0%	9%	0%	Multi-mode	0%	8%
Bolton Hospitals NHS Trust (Royal Bolton Hospital and Royal Bolton Heart Failure Rehab)	Greater Manchester	NHS Greater Manchester	69%	14%	0%	18%	Multi-mode	0%	10%

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Manchester University NHS Foundation Trust (Manchester Heart Centre / Manchester Royal Infirmary)	Greater Manchester	NHS Greater Manchester	0%	20%	80%	0%	Multi-mode	48%	8%
Manchester University NHS Foundation Trust (North Manchester General Hospital)	Greater Manchester	NHS Greater Manchester	25%	32%	21%	21%	Multi-mode	4%	53%
Manchester University NHS Foundation Trust (Trafford General Hospital)	Greater Manchester	NHS Greater Manchester	84%	0%	16%	0%	Multi-mode	0%	0%
Manchester University NHS Foundation Trust (Wythenshawe Hospital & South Manchester Community)	Greater Manchester	NHS Greater Manchester	61%	39%	0%	0%	Multi-mode	0%	11%
Northern Care Alliance NHS Foundation Trust (Bury Care Organisation)	Greater Manchester	NHS Greater Manchester	28%	39%	33%	0%	Multi-mode	0%	6%
Northern Care Alliance NHS Foundation Trust (Oldham Care Organisation)	Greater Manchester	NHS Greater Manchester	37%	54%	9%	0%	Multi-mode	3%	3%
Northern Care Alliance NHS Foundation Trust (Salford Royal Hospital)	Greater Manchester	NHS Greater Manchester	0%	100%	0%	0%	Single Mode	7%	1%
Tameside and Glossop Integrated Care NHS Foundation Trust (Tameside General Hospital)	Greater Manchester	NHS Greater Manchester	75%	21%	3%	0%	Multi-mode	0%	2%

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Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust (Community Cardiac Rehabilitation)	Greater Manchester	NHS Greater Manchester	0%	74%	26%	0%	Multi-mode	0%	2%
City Health Care Partnership CIC (Hull and East Riding)	Humber and North Yorkshire	NHS Humber and North Yorkshire	100%	0%	0%	0%	Single Mode	0%	100%
Harrogate and District NHS Foundation Trust (Harrogate District Hospital)	Humber and North Yorkshire	NHS Humber and North Yorkshire	12%	60%	28%	0%	Multi-mode	0%	17%
Humber Teaching NHS Foundation Trust (Scarborough, Whitby, Ryedale and Pocklington)	Humber and North Yorkshire	NHS Humber and North Yorkshire	0%	91%	6%	3%	Multi-mode	38%	3%
Northern Lincolnshire and Goole Hospitals NHS Foundation Trust (Diana, Princess of Wales Hospital)	Humber and North Yorkshire	NHS Humber and North Yorkshire	0%	43%	57%	0%	Multi-mode	0%	0%
Northern Lincolnshire and Goole Hospitals NHS Foundation Trust (Scunthorpe General Hospital)	Humber and North Yorkshire	NHS Humber and North Yorkshire	98%	0%	2%	0%	Multi-mode	0%	0%
York and Scarborough Teaching Hospitals NHS Foundation Trust (York Hospital / Community CR & Heart Failure Rehab)	Humber and North Yorkshire	NHS Humber and North Yorkshire	9%	69%	22%	0%	Multi-mode	5%	8%

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Blackpool, Fylde and Wyre Hospitals NHS Foundation Trust (Blackpool Victoria Hospital)	Lancashire & South Cumbria	NHS Lancashire and South Cumbria	74%	26%	0%	0%	Multi-mode	0%	14%
East Lancashire Hospitals NHS Trust (Royal Blackburn Hospital / Burnley Hospital)	Lancashire & South Cumbria	NHS Lancashire and South Cumbria	50%	19%	13%	18%	Multi-mode	0%	2%
Lancashire Teaching Hospitals NHS Foundation Trust (Chorley & South Ribble Hospital and Royal Preston Hospital)	Lancashire & South Cumbria	NHS Lancashire and South Cumbria	1%	6%	93%	0%	Multi-mode	1%	1%
University Hospitals of Morecambe Bay NHS Foundation Trust (Furness General Hospital)	Lancashire & South Cumbria	NHS Lancashire and South Cumbria	76%	12%	12%	0%	Multi-mode	0%	0%
University Hospitals of Morecambe Bay NHS Foundation Trust (Royal Lancaster Infirmary)	Lancashire & South Cumbria	NHS Lancashire and South Cumbria	95%	0%	5%	0%	Multi-mode	5%	0%
University Hospitals of Morecambe Bay NHS Foundation Trust (Westmorland General Hospital)	Lancashire & South Cumbria	NHS Lancashire and South Cumbria	90%	0%	0%	10%	Single Mode	0%	17%

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Barking, Havering and Redbridge Hospitals NHS Trust (King George Hospital, Queens Hospital and Community CHD Service)	London (North)	NHS North East London	0%	72%	28%	0%	Multi-mode	0%	0%
Barts Health NHS Trust (Barts Heart Centre)	London (North)	NHS North East London	8%	18%	73%	0%	Multi-mode	66%	5%
Barts Health NHS Trust (Whipps Cross University Hospital)	London (North)	NHS North East London	2%	0%	98%	0%	Multi-mode	0%	0%
Central and North West London NHS Foundation Trust (Hillingdon Community Cardiac Rehab)	London (North)	NHS North West London	25%	50%	25%	0%	Multi-mode	0%	9%
Central London Community Healthcare NHS Trust (Harrow Community Services)	London (North)	NHS North West London	3%	3%	95%	0%	Multi-mode	3%	18%
Chelsea and Westminster NHS Foundation Trust (Phase 1/In Patient CR)	London (North)	NHS North West London	Insufficient Number of Starters for Valid Data Reporting						
East London NHS Foundation Trust (Newham Cardiac Rehab Services)	London (North)	NHS North East London	0%	9%	91%	0%	Multi-mode	36%	0%
Guy's and St Thomas' NHS Foundation Trust (Royal Brompton and Harefield NHS Hospitals Clinical Group (Care for your Heart, Harefield))	London (North)	NHS North West London	47%	26%	23%	4%	Multi-mode	19%	33%

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Homerton University Hospital NHS Foundation Trust (Homerton University Hospital)	London (North)	NHS North East London	80%	5%	0%	15%	Multi-mode	0%	0%
Imperial Healthcare NHS Trust (Charing Cross Hospital/Hammersmith, Central & West London and Ealing Community)	London (North)	NHS North West London	56%	30%	15%	0%	Multi-mode	3%	12%
London North West University Healthcare NHS Trust (Northwick Park Hospital and Ealing Hospital)	London (North)	NHS North West London	0%	100%	0%	0%	Single Mode	0%	9%
Royal Free London NHS Foundation Trust (Chase Farm Hospital and Barnet Hospital)	London (North)	NHS North Central London	0%	6%	94%	0%	Multi-mode	0%	9%
Royal Free London NHS Foundation Trust (North Middlesex Hospital)	London (North)	NHS North Central London	42%	45%	13%	0%	Multi-mode	12%	42%
Royal Free London NHS Foundation Trust (Royal Free Hospital)	London (North)	NHS North Central London	0%	20%	80%	0%	Multi-mode	0%	3%
The Hillingdon Hospitals NHS Foundation Trust (Hillingdon Hospital)	London (North)	NHS North West London	90%	8%	2%	0%	Multi-mode	2%	3%
University College London Hospitals NHS Foundation Trust (The Heart Hospital)	London (North)	NHS North Central London	11%	0%	89%	0%	Multi-mode	89%	5%

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Whittington Health NHS Trust (The Whittington Hospital)	London (North)	NHS North Central London	0%	14%	86%	0%	Multi-mode	0%	0%
Central London Community Healthcare NHS Trust (Merton Cardiac Rehabilitation)	London (South)	NHS South West London	85%	8%	8%	0%	Multi-mode	4%	7%
Croydon Health Services NHS Trust (Croydon University Hospital)	London (South)	NHS South West London	3%	17%	80%	0%	Multi-mode	0%	0%
Epsom and St Helier University Hospitals NHS Trust (St Helier Hospital)	London (South)	NHS South West London	Insufficient Number of Starters for Valid Data Reporting						
King's College Hospital NHS Foundation Trust (King's College Hospital (Denmark Hill))	London (South)	NHS South East London	95%	5%	0%	0%	Multi-mode	0%	6%
Kings College Hospital NHS Foundation Trust (Princess Royal University Hospital)	London (South)	NHS South East London	88%	0%	13%	0%	Multi-mode	0%	86%
Kingston and Richmond NHS Foundation Trust (Hounslow and Richmond Community Cardiac Rehab Service)	London (South)	NHS South West London	1%	39%	60%	0%	Multi-mode	25%	13%
Lewisham and Greenwich NHS Trust (University Hospital Lewisham)	London (South)	NHS South East London	78%	22%	0%	0%	Multi-mode	0%	23%

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Oxleas NHS Foundation Trust (Bexley Cardiac Rehab and Greenwich Long Term Conditions Team)	London (South)	NHS South East London	Sufficient Number of Starters but no Mode Data						
St George's University Hospitals NHS Foundation Trust (St George's Hospital (Tooting))	London (South)	NHS South West London	0%	29%	59%	12%	Multi-mode	0%	69%
Your Healthcare CIC (Kingston Community Cardiac Prevention and Rehabilitation Programme)	London (South)	NHS South West London	81%	4%	15%	0%	Multi-mode	0%	13%
Gateshead Health NHS Foundation Trust (Queen Elizabeth Hospital)	North East	NHS North East and North Cumbria	87%	13%	0%	0%	Multi-mode	0%	0%
Newcastle upon Tyne Hospitals NHS Foundation Trust (Freeman Hospital)	North East	NHS North East and North Cumbria	100%	0%	0%	0%	Single Mode	0%	7%
North Cumbria Integrated Care NHS Foundation Trust (Cumberland Infirmary)	North East	NHS North East and North Cumbria	11%	27%	61%	0%	Multi-mode	0%	1%
North Cumbria Integrated Care NHS Foundation Trust (West Cumberland Hospital)	North East	NHS North East and North Cumbria	72%	17%	10%	0%	Multi-mode	0%	0%
North Tees and Hartlepool NHS Foundation Trust (Community Services)	North East	NHS North East and North Cumbria	93%	6%	1%	0%	Multi-mode	1%	3%

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Northumbria Healthcare NHS Foundation Trust (Central/South East, North and West & Community Cardiology)	North East	NHS North East and North Cumbria	45%	36%	11%	8%	Multi-mode	4%	19%
South Tees Hospitals NHS Foundation Trust	North East	NHS North East and North Cumbria	100%	0%	0%	0%	Single Mode	0%	8%
South Tyneside and Sunderland NHS Foundation Trust (Sunderland Royal Hospital & South Tyneside District General Hospital)	North East	NHS North East and North Cumbria	100%	0%	0%	0%	Single Mode	0%	0%
Ashford and St. Peters Hospital NHS Trust (Ashford Hospital and St Peters Hospital)	South East	NHS Surrey Heartlands	100%	0%	0%	0%	Single Mode	0%	15%
Berkshire Healthcare NHS Foundation Trust (West Berkshire Community CR)	South East	NHS Buckinghamshire, Oxfordshire and Berkshire West	57%	7%	36%	0%	Multi-mode	0%	47%
Buckinghamshire Healthcare NHS Trust (Wycombe Hospital)	South East	NHS Buckinghamshire, Oxfordshire and Berkshire West	88%	0%	0%	13%	Single Mode	0%	43%
Dartford and Gravesham NHS Trust (Darent Valley Hospital)	South East	NHS Kent and Medway	45%	51%	4%	0%	Multi-mode	6%	31%
East Sussex Healthcare NHS Trust (Conquest Hospital)	South East	NHS Sussex	64%	27%	5%	5%	Multi-mode	27%	12%

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			Group-based Only %	Self Delivered/ Home-based Only %	Hybrid <sup>2</sup> %	Reduced Staff Support/Patient Led <sup>3</sup> %			
East Sussex Healthcare NHS Trust (Eastbourne District General Hospital)	South East	NHS Sussex	78%	20%	0%	3%	Multi-mode	0%	2%
Epsom and St Helier University Hospitals NHS Trust (Epsom Hospital)	South East	NHS Surrey Heartlands	8%	0%	92%	0%	Multi-mode	0%	19%
First Community Healthcare	South East	NHS Surrey Heartlands	94%	6%	0%	0%	Multi-mode	0%	0%
Frimley Health NHS Foundation Trust (Frimley Park Hospital)	South East	NHS Frimley	90%	10%	0%	0%	Multi-mode	0%	13%
Frimley Health NHS Foundation Trust (Wexham Park Hospital)	South East	NHS Frimley	100%	0%	0%	0%	Single Mode	0%	28%
Hampshire and Isle of Wight Healthcare NHS Foundation Trust (St Mary's Hospital, Isle Of Wight)	South East	NHS Hampshire and Isle of Wight	82%	0%	0%	18%	Single Mode	0%	81%
Hampshire and Isle of Wight NHS Foundation Trust (Solent Cardiac Services)	South East	NHS Hampshire and Isle of Wight	100%	0%	0%	0%	Single Mode	0%	20%
Hampshire Hospitals NHS Foundation Trust (Basingstoke & North Hampshire Hospital and Royal Hampshire Hospital)	South East	NHS Hampshire and Isle of Wight	79%	14%	7%	0%	Multi-mode	7%	13%
Kent Community Health NHS Foundation Trust	South East	NHS Kent and Medway	94%	4%	2%	0%	Multi-mode	1%	8%

Trust Name	Network/Region	ICB/Board	Of those with Mode Recorded, what are the Proportions in each Group				Did the programme have a diverse menu-based approach? (Single or Multi mode)	Any Digital Mode of Delivery (Included Within Home-based/Self Delivered or Hybrid) %	Patients Starting Core CR Without Mode Recorded %
			Group-based Only %	Self Delivered/ Home-based Only %	Hybrid <sup>2</sup> %	Reduced Staff Support/Patient Led <sup>3</sup> %			
Maidstone and Tunbridge Wells NHS Trust (Maidstone Hospital)	South East	NHS Kent and Medway	56%	44%	0%	0%	Multi-mode	2%	0%
Maidstone and Tunbridge Wells NHS Trust (Tunbridge Wells Hospital)	South East	NHS Kent and Medway	66%	30%	4%	0%	Multi-mode	0%	0%
Oxford University Hospitals NHS Foundation Trust (Horton General Hospital and John Radcliffe Hospital)	South East	NHS Buckinghamshire, Oxfordshire and Berkshire West	74%	2%	25%	0%	Multi-mode	0%	64%
Portsmouth Hospitals University NHS Trust (Queen Alexandra Hospital)	South East	NHS Hampshire and Isle of Wight	15%	85%	0%	0%	Multi-mode	65%	35%
Royal Berkshire NHS Foundation Trust (Royal Berkshire Hospital)	South East	NHS Buckinghamshire, Oxfordshire and Berkshire West	43%	7%	50%	0%	Multi-mode	22%	2%
Royal Surrey NHS Foundation Trust (Royal Surrey County Hospital)	South East	NHS Surrey Heartlands	12%	36%	33%	18%	Multi-mode	8%	14%
Surrey and Sussex Healthcare NHS Trust (Crawley Hospital and East Surrey Hospital)	South East	NHS Surrey Heartlands	Sufficient Number of Starters but no Mode Data						
University Hospitals Sussex NHS Foundation Trust (Princess Royal Hospital)	South East	NHS Sussex	70%	2%	28%	0%	Multi-mode	28%	7%

Trust Name	Network/Region	ICB/Board	Of those with Mode Recorded, what are the Proportions in each Group				Did the programme have a diverse menu-based approach? (Single or Multi mode)	Any Digital Mode of Delivery (Included Within Home-based/Self Delivered or Hybrid) %	Patients Starting Core CR Without Mode Recorded %
			Group-based Only %	Self Delivered/ Home-based Only %	Hybrid <sup>2</sup> %	Reduced Staff Support/Patient Led <sup>3</sup> %			
University Hospitals Sussex NHS Foundation Trust (Royal Sussex County Hospital)	South East	NHS Sussex	2%	35%	62%	0%	Multi-mode	4%	6%
University Hospitals Sussex NHS Foundation Trust (Southlands Hospital)	South East	NHS Sussex	85%	6%	2%	6%	Multi-mode	2%	10%
University Hospitals Sussex NHS Foundation Trust (St Richards Hospital)	South East	NHS Sussex	2%	35%	63%	0%	Multi-mode	5%	0%
Rotherham NHS Foundation Trust (Rotherham District General Hospital and Rotherham Community Health Centre)	South Yorkshire	NHS South Yorkshire	0%	89%	11%	0%	Multi-mode	0%	4%
Rotherham, Doncaster & South Humber Foundation Trust (Cantley Health Centre)	South Yorkshire	NHS South Yorkshire	Sufficient Number of Starters but no Mode Data						
Sheffield Teaching Hospitals NHS Foundation Trust (Community Cardiac Rehabilitation Programme)	South Yorkshire	NHS South Yorkshire	2%	12%	87%	0%	Multi-mode	10%	4%
South West Yorkshire Partnership NHS Foundation Trust (Barnsley Cardiac and Pulmonary Rehabilitation Service)	South Yorkshire	NHS South Yorkshire	85%	0%	0%	15%	Single Mode	0%	0%

Trust Name	Network/Region	ICB/Board	Of those with Mode Recorded, what are the Proportions in each Group				Did the programme have a diverse menu-based approach? (Single or Multi mode)	Any Digital Mode of Delivery (Included Within Home-based/Self Delivered or Hybrid) %	Patients Starting Core CR Without Mode Recorded %
			Group-based Only %	Self Delivered/ Home-based Only %	Hybrid <sup>2</sup> %	Reduced Staff Support/Patient Led <sup>3</sup> %			
Cornwall Partnership NHS Foundation Trust (Liskeard Community Hospital, Royal Cornwall Hospital, Mid Cornwall and West Cornwall/Isles of Scilly)	SW (Peninsula)	NHS Cornwall and The Isles of Scilly	Sufficient Number of Starters but no Mode Data						
Livewell South West (Community Cardiac Team)	SW (Peninsula)	NHS Devon	Insufficient Number of Starters for Valid Data Reporting						
Royal Devon University Healthcare NHS Foundation Trust (Royal Devon and Exeter Hospital (Wonford) & Westbank Community Care)	SW (Peninsula)	NHS Devon	52%	15%	20%	12%	Multi-mode	0%	0%
Torbay and South Devon NHS Foundation Trust (Torbay Hospital)	SW (Peninsula)	NHS Devon	66%	5%	22%	7%	Multi-mode	0%	1%
Action Heart, Dudley	West Midlands	NHS Black Country	100%	0%	0%	0%	Single Mode	0%	0%
Birmingham Community Healthcare NHS Trust	West Midlands	NHS Birmingham and Solihull	Sufficient Number of Starters but no Mode Data						
George Eliot Hospital NHS Trust (George Eliot Hospital)	West Midlands	NHS Coventry and Warwickshire	93%	1%	0%	5%	Multi-mode	0%	14%
Sandwell and West Birmingham Hospitals NHS Trust (City Hospital and Sandwell General Hospital)	West Midlands	NHS Black Country	26%	3%	71%	0%	Multi-mode	2%	13%

Trust Name	Network/Region	ICB/Board	Of those with Mode Recorded, what are the Proportions in each Group				Did the programme have a diverse menu-based approach? (Single or Multi mode)	Any Digital Mode of Delivery (Included Within Home-based/Self Delivered or Hybrid) %	Patients Starting Core CR Without Mode Recorded %
			Group-based Only %	Self Delivered/ Home-based Only %	Hybrid <sup>2</sup> %	Reduced Staff Support/Patient Led <sup>3</sup> %			
Shrewsbury and Telford Hospital NHS Trust (Royal Shrewsbury Hospital and The Princess Royal Hospital)	West Midlands	NHS Shropshire, Telford and Wrekin	53%	14%	4%	30%	Multi-mode	2%	19%
South Warwickshire University NHS Foundation Trust (Warwick Hospital)	West Midlands	NHS Coventry and Warwickshire	100%	0%	0%	0%	Single Mode	0%	0%
The Royal Wolverhampton Hospitals NHS Trust (New Cross Hospital and Cannock Chase Hospital)	West Midlands	NHS Black Country	62%	21%	17%	0%	Multi-mode	38%	0%
University Hospitals Birmingham NHS Foundation Trust (Good Hope Hospital)	West Midlands	NHS Birmingham and Solihull	87%	3%	10%	0%	Multi-mode	0%	17%
University Hospitals Birmingham NHS Foundation Trust (Heartlands Hospital and Solihull Hospital)	West Midlands	NHS Birmingham and Solihull	97%	3%	0%	0%	Multi-mode	0%	34%
University Hospitals Coventry and Warwickshire NHS Trust (University Hospital, Coventry and Hospital of St Cross)	West Midlands	NHS Coventry and Warwickshire	59%	18%	21%	3%	Multi-mode	3%	16%
University Hospitals of Derby and Burton NHS Foundation Trust (Queen's Hospital)	West Midlands	NHS Staffordshire and Stoke-on-Trent	44%	7%	44%	4%	Multi-mode	4%	4%

Trust Name	Network/Region	ICB/Board	Of those with Mode Recorded, what are the Proportions in each Group				Did the programme have a diverse menu-based approach? (Single or Multi mode)	Any Digital Mode of Delivery (Included Within Home-based/Self Delivered or Hybrid) %	Patients Starting Core CR Without Mode Recorded %
			Group-based Only %	Self Delivered/ Home-based Only %	Hybrid <sup>2</sup> %	Reduced Staff Support/Patient Led <sup>3</sup> %			
University Hospitals of North Midlands NHS Trust (County Hospital Stafford and Royal Stoke University Hospital)	West Midlands	NHS Staffordshire and Stoke-on-Trent	Sufficient Number of Starters but no Mode Data						
Walsall Cardiac Rehabilitation Trust (Heart Care)	West Midlands	NHS Black Country	75%	21%	1%	3%	Multi-mode	3%	5%
Worcestershire Acute Hospitals NHS Trust (Alexandra Hospital)	West Midlands	NHS Herefordshire and Worcestershire	16%	10%	74%	0%	Multi-mode	0%	9%
Worcestershire Acute Hospitals NHS Trust (Kidderminster Hospital)	West Midlands	NHS Herefordshire and Worcestershire	17%	11%	72%	0%	Multi-mode	0%	16%
Worcestershire Acute Hospitals NHS Trust (Worcestershire Royal Hospital)	West Midlands	NHS Herefordshire and Worcestershire	75%	12%	13%	0%	Multi-mode	1%	2%
Wye Valley NHS Trust (Hereford County Hospital, Leominster and Ross on Wye)	West Midlands	NHS Herefordshire and Worcestershire	2%	67%	31%	0%	Multi-mode	32%	2%
Bath and North East Somerset: HCRG Care Group (Heart Failure Service BANES)	West of England	NHS Bath and North East Somerset, Swindon and Wiltshire	100%	0%	0%	0%	Single Mode	0%	0%
Dorset County Hospital NHS Foundation Trust (Dorset County Hospital)	West of England	NHS Dorset	0%	24%	60%	16%	Multi-mode	4%	0%

Trust Name	Network/Region	ICB/Board	Of those with Mode Recorded, what are the Proportions in each Group				Did the programme have a diverse menu-based approach? (Single or Multi mode)	Any Digital Mode of Delivery (Included Within Home-based/Self Delivered or Hybrid) %	Patients Starting Core CR Without Mode Recorded %
			Group-based Only %	Self Delivered/ Home-based Only %	Hybrid <sup>2</sup> %	Reduced Staff Support/Patient Led <sup>3</sup> %			
Gloucestershire Health and Care NHS Foundation Trust (Gloucestershire Care Services)	West of England	NHS Gloucestershire	41%	31%	28%	0%	Multi-mode	0%	2%
Great Western Hospitals NHS Foundation Trust	West of England	NHS Bath and North East Somerset, Swindon and Wiltshire	46%	36%	18%	0%	Multi-mode	53%	4%
North Bristol NHS Trust (Southmead Hospital)	West of England	NHS Bristol, North Somerset and South Gloucestershire	1%	64%	33%	1%	Multi-mode	14%	2%
Royal United Hospital Bath NHS Foundation Trust (Royal United Hospital)	West of England	NHS Bath and North East Somerset, Swindon and Wiltshire	51%	49%	0%	0%	Multi-mode	0%	0%
Salisbury NHS Foundation Trust (Salisbury District Hospital)	West of England	NHS Bath and North East Somerset, Swindon and Wiltshire	100%	0%	0%	0%	Single Mode	0%	0%
Somerset NHS Foundation Trust (Musgrove Park Hospital & Somerset Community)	West of England	NHS Somerset	35%	64%	1%	0%	Multi-mode	0%	0%
Somerset NHS Foundation Trust (Yeovil District Hospital)	West of England	NHS Somerset	76%	24%	0%	0%	Multi-mode	0%	0%
University Hospitals Bristol and Weston NHS Foundation Trust (Bristol Royal Infirmary and Weston General Hospital)	West of England	NHS Bristol, North Somerset and South Gloucestershire	33%	55%	11%	1%	Multi-mode	1%	9%

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			Group-based Only %	Self Delivered/ Home-based Only %	Hybrid <sup>2</sup> %	Reduced Staff Support/Patient Led <sup>3</sup> %			
University Hospitals Dorset NHS Foundation Trust (Poole General Hospital & Royal Bournemouth Hospital)	West of England	NHS Dorset	98%	1%	1%	0%	Multi-mode	0%	0%
Bradford Teaching Hospitals NHS Foundation Trust (Bradford Royal Infirmary, St Lukes Hospital, Queensbury Health Centre and Eccleshill Clinic)	West Yorkshire	NHS West Yorkshire	18%	45%	38%	0%	Multi-mode	1%	3%
Calderdale and Huddersfield NHS Foundation Trust (Calderdale Royal Hospital)	West Yorkshire	NHS West Yorkshire	0%	84%	16%	0%	Multi-mode	2%	2%
Locala Community Partnership CIC (Huddersfield)	West Yorkshire	NHS West Yorkshire	1%	69%	30%	0%	Multi-mode	0%	30%
Mid Yorkshire Hospitals NHS Trust (Pinderfields Hospital, Pontefract General Infirmary, Dewsbury & District Hospital)	West Yorkshire	NHS West Yorkshire	2%	81%	17%	0%	Multi-mode	0%	9%

2 Patient received group and home-based CR

3 This mode is where there is an assessment 1 and structured programme initiated, however, patients lead their own programme and are supported, limitedly, by support/contact with the CR team. It also requires an expectation of completion of Assessment 2

Trust Name	Network/Region	ICB/Board	Of those with Mode Recorded, what are the Proportions in each Group				Did the programme have a diverse menu-based approach? (Single or Multi mode)	Any Digital Mode of Delivery (Included Within Home-based/Self Delivered or Hybrid) %	Patients Starting Core CR Without Mode Recorded %
			Group-based Only %	Self Delivered/ Home-based Only %	Hybrid <sup>2</sup> %	Reduced Staff Support/Patient Led <sup>3</sup> %			
Bournemouth Hospital (Nuffield)	Private	Private	Insufficient Number of Starters for Valid Data Reporting						
Circle Health Group (Alexandra Hospital (Private))	Private	Private	Insufficient Number of Starters for Valid Data Reporting						
CP+R (Private CR Provider)	Private	Private	0%	100%	0%	0%	Single Mode	100%	1%

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Trust Name	Network/Region	ICB/Board	Of those with Mode Recorded, what are the Proportions in each Group				Did the programme have a diverse menu-based approach? (Single or Multi mode)	Any Digital Mode of Delivery (Included Within Home-based/Self Delivered or Hybrid) %	Patients Starting Core CR Without Mode Recorded %
			Group-based Only %	Self Delivered/ Home-based Only %	Hybrid <sup>2</sup> %	Reduced Staff Support/Patient Led <sup>3</sup> %			
Isle of Man (Nobles Hospital)	Other	Isle Of Man	0%	15%	85%	0%	Multi-mode	8%	0%

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Trust Name	Network/Region	ICB/Board	Of those with Mode Recorded, what are the Proportions in each Group				Did the programme have a diverse menu-based approach? (Single or Multi mode)	Any Digital Mode of Delivery (Included Within Home-based/Self Delivered or Hybrid) %	Patients Starting Core CR Without Mode Recorded %
			Group-based Only %	Self Delivered/ Home-based Only %	Hybrid <sup>2%</sup>	Reduced Staff Support/Patient Led <sup>3</sup> %			
Aneurin Bevan University Health Board (Nevill Hall Hospital, County Hospital, Ysbyty Ystrad Fawr and St Woolos)	Aneurin Bevan University Health Board	Aneurin Bevan University Health Board	92%	2%	4%	2%	Multi-mode	0%	17%
Betsi Cadwaladr University Health Board (Central)	Betsi Cadwaladr University Health Board	Betsi Cadwaladr University Health Board	3%	79%	18%	0%	Multi-mode	0%	3%
Betsi Cadwaladr University Health Board (North West Wales Cardiac Rehab Programme)	Betsi Cadwaladr University Health Board	Betsi Cadwaladr University Health Board	0%	74%	26%	0%	Multi-mode	0%	6%
Betsi Cadwaladr University Health Board (Wrexham Maelor Hospital)	Betsi Cadwaladr University Health Board	Betsi Cadwaladr University Health Board	2%	31%	67%	0%	Multi-mode	4%	34%
Cardiff and Vale University Health Board (University Hospital of Wales and Llandough Hospital)	Cardiff & Vale University Health Board	Cardiff & Vale University Health Board	54%	15%	31%	0%	Multi-mode	1%	5%
Cwm Taf Morgannwg University Health Board (Princess of Wales Hospital)	Cwm Taf Morgannwg University Health Board	Cwm Taf Morgannwg University Health Board	97%	3%	0%	0%	Multi-mode	0%	8%
Cwm Taf Morgannwg University Health Board (Royal Glamorgan Hospital and Prince Charles Hospital)	Cwm Taf Morgannwg University Health Board	Cwm Taf Morgannwg University Health Board	13%	33%	49%	5%	Multi-mode	1%	4%

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			Group-based Only %	Self Delivered/ Home-based Only %	Hybrid <sup>2</sup> %	Reduced Staff Support/Patient Led <sup>3</sup> %			
Hywel Dda University Health Board (Bronglais Hospital)	Hywel Dda University Health Board	Hywel Dda University Health Board	0%	100%	0%	0%	Single Mode	0%	4%
Hywel Dda University Health Board (Glangwili Hospital and Prince Philip Hospital)	Hywel Dda University Health Board	Hywel Dda University Health Board	17%	39%	33%	11%	Multi-mode	0%	5%
Hywel Dda University Health Board (Haverfordwest Health Care Centre)	Hywel Dda University Health Board	Hywel Dda University Health Board	91%	3%	3%	3%	Multi-mode	0%	0%
Powys Teaching Health Board (Rhayader / Knighton, Ystradgynlais Community Hospital, Montgomery County Infirmary, Brecon War Memorial Hospital)	Powys Teaching Health Board	Powys Teaching Health Board	100%	0%	0%	0%	Single Mode	0%	4%
Swansea Bay University Health Board (Neath/Port Talbot Hospital)	Swansea Bay University Health Board	Swansea Bay University Health Board	1%	40%	59%	0%	Multi-mode	0%	23%

2 Patient received group and home-based CR

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